

# **FUTURE PHENOMS PALM BEACH 2019 SCHEDULE**



**12/14/19**

**8:30am-9:30- Registration**

**9:30am-Welcome and Intros**

**9:45am-Camp Warm Up/Break into Positions**

**10:00am-11:00am-Skills and Drills by Position**

**10:00am-10:20am-Positional Stickwork**

**10:20am-10:40am-Positional Skill Development #1:Individual Skill Session by Position**

**10:40am--11:00am-Positional Skill Development #1: Unit Skill Session**

**11:00am-Water Break**

**11:25am-12:25-Game #1**

**2020/2021: Team 1 vs. Team 2 (Field 1)**

**2020/2021: Team 3 vs. Team 4 (Field 2)**

**2022: Team 1 vs. Team 2 (Field 3)**

**2023: Team 1 vs. Team 2 (Field 4)**

**2024/2025: Team 1 vs. Team 2 (Field 5)**

**12:30pm-1:30pm-Lunch**

**1:30pm-Stickwork/ 3v2 Continuous**

**1:50pm-Demo Future Phenoms Transitional Drill**

**2:00pm-Future Phenoms Transition Drill**

**2:25pm-Water Break**

**2:30pm-3:30pm-Skills and Drills by Position**

**2:30pm-2:50pm-Positional Stickwork**

**2:50pm-3:10pm-Positional Skill Development #2: Individual Skill Session by Position**

**3:10pm-3:30pm-Positional Skill Development #2: Unit Skill Session**

**3:30pm-4:30pm-Game #2**

**2020/2021: Team 1 vs. Team 3 (Field 1)**

**2020/2021: Team 2 vs. Team 4 (Field 2)**

**2022: Team 1 vs. Team 2 (Field 3)**

**2023: Team 1 vs. Team 2 (Field 4)**

**2024/2025: Team 1 vs. Team 2 (Field 5)**

**\*\*\*Parent Q&A Sessions at 10:00am-and 1:30pm on 12/14\*\*\***

**12/15/19**

**9:00am-Camp Warm Up/ Break into Positions**

**9:30am-10:30am-Skills and Drills by Position**

**9:30am-9:50am-Positional Stickwork**

**9:50am-10:10am-Positional Skill Development #3: Individual Positional Skill Session**

**10:10am-10:30am-Positional Skill Development #3: Unit Skill Session**

**10:30am-Water Break**

**10:40am-11:40am-Game #3**

**2020/2021: Team 1 vs. Team 4 (Field 1)**

**2020/2021: Team 2 vs. Team 3 (Field 2)**

**2022: Team 1 vs. Team 2 (Field 3)**

**2023: Team 1 vs. Team 2 (Field 4)**

**2024/2025: Team 1 vs Team 2 (Field 5)**

**12:00pm-1:00pm-Lunch**

**1:00pm-1/2 Field Scramble**

**1:30pm-Unsettled Transition Drill**

**1:55pm-Water Break**

**2:00pm-3:00pm-Game #4**

**2020/2021: Team 1 vs. Team 2 (Field 1)**

**2020/2021: Team 3 vs. Team 4 (Field 2)**

**2022: Team 1 vs. Team 2 (Field 3)**

**2023: Team 1 vs. Team 2 (Field 4)**

**2024/2025: Team 1 vs. Team 2 (Field 5)**

**\*\*\* Parent Q&A Sessions at 9:30am and 1:00pm on 12/15\*\*\***

